

# Anne-Louise Sterry<sup>★</sup>

INTERNATIONAL SPEAKER | SINGER | SONGWRITER  
STORYTELLER | KEYNOTE CONCERTS

Anne-Louise Sterry is an internationally recognized motivational speaker and performing artist, performing for **over 400,000 people** across America and Europe in the last 30 years. Infusing her background in psychology, education, and nursing, Sterry combines speaking and original music to deliver her unforgettable **'keynote concerts'** that inspire, educate, and entertain audiences of all ages.

Known to excite the room with her joyful aura the moment she steps on stage, Anne-Louise has an amazing ability to connect with anyone she meets, from a single individual to an **audience of thousands**.

With her profound understanding of the human mind and extensive performing arts repertoire, Sterry captivates audiences with her **thought-provoking and humorous** approach to the challenges facing everyone, whether they are CEOs, managers, and employees, or parents, families, and seniors.

Throughout her career, Sterry has received **multiple awards** for her original music, has been featured on various podcasts with topics ranging from being a breast cancer survivor to the power of music and storytelling for children, and has been invited on news stations as a "local spreader of joy." She even hosted "Kazoo", her own radio show for children in Portland, OR!

Anne-Louise is an **award-winning Toastmaster** and has been a member of multiple professional associations such as the National Speakers Association and the National Storytelling Association. She is now a member of Global Songwriters' Connection and Portland Storytellers' Guild. She was an active member of the North Clackamas and the Canby Chambers of Commerce and has taught performing arts courses at Portland State University.

Throughout her time as a performing artist, Anne-Louise has been asked to create **custom songs** for all kinds of events. From anniversaries, funerals, birthdays, and life events, to professional conferences and organization celebrations, Sterry is an expert in making any experience **unforgettable**.



*Audacious Joy<sup>★</sup>*

[www.audaciousjoy.com](http://www.audaciousjoy.com)

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With her profound understanding of the human mind and extensive performing arts repertoire, Sterry captivates audiences with her **thought-provoking** and **humorous** approach to living life with Audacious Joy.

Throughout her career, Sterry has recorded and produced **seven albums** and has received multiple awards for her **original songs**. She is an **award-winning Toastmaster**, former show host on The Women's Information Network, and author of her very own cookbook, Aunt Lena's Cucina.



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