

AUNT LENA

Zia Lena's Guide to Life, Love, and Lasagne

aka Anne-Louise Sterry★

Anne-Louise Sterry is an internationally recognized motivational speaker and performing artist, performing for over 400,000 people across America and Europe.

Infusing her background in psychology, education, and nursing, Sterry combines speaking and original music to deliver her unforgettable keynote concerts that inspire, educate, and entertain.



About the Program:

Aunt Lena is an alter-ego cocktail of all of Anne-Louise's exuberant Italian family. As her bold, lipstick-smacking persona, Anne-Louise shares a thought-provoking and hilarious approach to living life with audacious joy. Whether your audience is adult-only or family-friendly, Aunt Lena adapts to the room to ensure everyone's entertainment.

Outcomes:

- Roaring laughter
- Guaranteed entertainment
- Subtle reminders for doing more with less to create joy in our lives

PARTIAL CLIENT LIST:



"After an evening of laughing to tears and near-constant smiling, you have to wonder if you'll wake up with sore cheekbone muscles!"

- Perry Spring, Quimper Storytelling Guild

"I can honestly say that your performance was one of the best I've seen in 30 years. Not only did I enjoy your program, but so did the entire audience."

- Tom Radke, Vineyard Elementary School

"Anne-Louise was a hit! We all had comments about changing your thought process. People thought it was fun with just the right amount of helpful tips that were also easy to use and practical."

- Gail Spolar, Director, Workforce Development and Truancy Programs



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